




Tamiflu Drug Information

109.07.18 中文修訂
113.04 ENG 藥衛 067

Generic Name	Brand Name	Dosage Form	Appearance
Oseltamivir	Tamiflu	75 mg Cap	

1. Why do I need this medicine?

To prevent or treat the flu. This drug can shorten the duration of illness, alleviate symptom severity, and reduce the risk of complications.

2. How is this drug best taken?

It is better to take this drug within 48 hours of symptoms onset, so seek medical attention promptly when you have fever, sore throat, cough, muscle aches, or headaches. For severe cases or those showing signs of danger, the drug can still be effective even if it's been over 48 hours since symptoms onset. Follow your doctor's instructions for dosage, typically twice daily for five days. The drug will no longer be effective once you finish the treatment. You might need to restart the treatment if you are infected again.

3. What are some things I need to know or do while I take this drug?

- (1) Antiviral drugs for the flu should be prescribed by a doctor. Misusing them may lead to the development of resistant virus strains.
- (2) There are many pathogens that cause flu-like symptoms, but this drug can only treat infections caused by influenza virus. Take it only when prescribed by a doctor.

4. Possible side effects

Side effects are uncommon but can still occur. Contact your doctor or pharmacist immediately if you have any of these symptoms: unusual behavior or feelings, hallucinations, drowsiness, or confusion. Also, let them know promptly if any of the following symptoms persist or worsen: cough, hoarseness, sore throat, dizziness, nausea, diarrhea, nasal congestion, or runny nose.

5. Should I take Tamiflu before or after meals?

You can take it either on an empty stomach or after meals. If you experience stomach discomfort (nausea or vomiting), you can take it with food.

6. Can pregnant or breastfeeding women take this drug?

If you are pregnant, planning to become pregnant, or breastfeeding, please inform your doctor for further evaluation. Although no studies have been conducted on pregnant women, your doctor may prescribe this drug if the benefits outweigh the risks. Follow your doctor's instructions if Tamiflu is prescribed. Avoid breastfeeding while taking this drug because it can pass into breast milk.

7. How do I store this drug?

Please store at room temperature and keep out of reach of children.

*This leaflet cannot provide complete drug information.
Please consult a doctor or pharmacist if you have any questions.

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