

Cheng Hsin General Hospital

Smokfree Nicotine TDDs Drug Information

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Generic Name	Brand Name	Dosage Form	Appearance
Nicotine	Smokfree Nicotine TDDs No.10	20.8mg/10cm ² Transdermal Patch	字
Nicotine	Smokfree Nicotine TDDs No.15	31.2mg/15cm ² Transdermal Patch	

1. Why do I need this medicine?

It helps you quit smoking.

2. How is this drug best taken?

- (1) Tear open the foil bag at the notch and take out the square, flesh-colored patch.
- (2) Use your thumbs to separate the flesh-colored portion and peel off the transparent plastic backing.
- (3) With the flesh-colored side facing up, firmly press the adhesive side onto a dry, clean, hairless area like the upper arm, chest, or belly. Apply pressure for 10 seconds.
- (4) Change the site daily with each new patch.
- (5) After wearing the patch for 24 hours, folding it in half and discard it.

3. What are some things I need to know or do while I take this drug?

- (1) Pregnant women should not use it to avoid harming the fetus.
- (2) Smoking is strictly prohibited while using Smokfree patch to prevent nicotine overdose and poisoning.
- (3) Do not use Smokfree patch for more than three months, as prolonged absorption of nicotine from the patch may lead to nicotine addiction.
- (4) If redness (erythema) occurs after wearing Smokfree patch for 24 hours, stop using it

immediately and consult a doctor.

- (5) Patients with heart disease should consult their doctors before using Smokfree patch.
- (6) Rare reports of increased heart rate have been associated with nicotine patch use. If severe chest pain occurs, stop using it immediately and consult a doctor.
- (7) After using Smokfree patch, fold it before discarding it to prevent children from playing with it.
- (8) Since nicotine is volatile, its strength will diminish if left open for too long. Use Smokfree patch immediately after removing it from the foil bag.

4. Possible side effects

Skin redness, swelling, or a tingling sensation may occur, but these effects usually go away quickly.

5. What do I do if I miss a dose?

Take it as soon as you remember. If it's close to your next dose, skip the missed one and continue with your regular schedule. Do not use 2 doses at the same time and be sure to inform your doctor.

6. How do I store this drug?

Store below 25°C. If slight discoloration occurs on the patch, it does not impact its quality. Be aware that temperatures inside cars can exceed 30°C, especially in summer with direct sunlight.

*This leaflet cannot provide complete drug information. Please consult a doctor or pharmacist if you have any questions.

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