






# Tacrolimus Medication Information

Generic Name	Brand Name	Dosage Form	Appearance
Tacrolimus	Prograf (FK506)	5mg	
Tacrolimus	Prograf (FK506)	1mg	
Tacrolimus	Prograf (FK506)	0.5mg	

## 1. What is this drug used for?

This medicine can be combined with other medicines to keep the body from harming the organ after an organ transplant.

## 2. How should I use this medication?

- Twice daily (Take the medicine once at 9:00 am and once at 9:00 pm). Use this drug according to the dosage and frequency prescribed as ordered by your doctor.
- Take this medicine by mouth with water or other beverages. (Do not take the medicine with grapefruit juice.)

## 3. What should I watch for while using this medication?

- Tacrolimus is present in breast milk. Mothers receiving treatment should not breastfeed.
- Tacrolimus can interact with other medicines, Chinese medicines, supplement, and herbs (including ginger duck stew, mutton hot pot etc.). Give your coordinator a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use.
- This medicine can make you more sensitive to the sun. Keep out of the sun. If you cannot avoid being in the sun, wear protective clothing and sunscreen. Avoid staying in the sun for an extended period to avoid overexposure to ultraviolet (UV) rays.
- For the best efficacy and minimal adverse reactions, please visit your healthcare provider for regular checks on your progress. You will need blood work done to monitor liver function, renal function, and drug plasma concentration while taking this medicine. It is crucial measuring your blood pressure and blood sugar



regularly.

- e) Tacrolimus might disturb the visual sense and nervous system. Therefore, avoid driving and operating dangerous machinery until you know how this medicine affects you.
- f) Avoid grapefruit and grapefruit juice. As long as drinking a glass of 240ml grapefruit juice, the drug will be affected within four hours, and this effect will last for three days. Hence, Tacrolimus still exists if you separate the time between drinking grapefruit juice and taking medicine in the morning, and drinking juice in the evening.

※Please consult your doctor or pharmacist if you have any questions.

Cheng Hsin General Hospital Medication Counseling Number

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