

Cheng Hsin General Hospital

Nitroderm TTS Drug Information

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Generic Name	Brand Name	Dosage form	Appearance
Nitroglycerin	Nitroderm	5 mg / piece	Nitroderm TTS* 5 **Novarts EMP 86 2007 50015 NTS 97, 2004

1. Why do I need this medicine?

To prevent or reduce the frequency of angina attacks

2. How to use Nitroderm TTS?

When to use it: apply a patch once each day at same time

How to apply the patch:

- (1) Tear open the sachet at the notch and remove the patch. Remove the white protective liner from the sticky side of the patch. Apply the sticky side of the patch to the skin (upper arms or trunk). Press the patch firmly for 10 to 20 seconds.
- (2) After removing the patch, fold the old patch in half with the sticky side inwards and throw away. Remove any stickiness from the skin with methylated spirits. Use a new area of skin for each patch.
- (3) If the patch falls off, apply a new patch to a different area of clean, dry skin. Change the patch at the next time that you would normally change it.

3. What are some things I need to know or do while I am using Nitroderm TTS?

- (1) Nitroderm TTS is not used for relieving an acute attack of angina. Take rapid-acting nitrate preparations.
- (2) Apply a new patch to an area of clean, dry skin without hair on upper trunk or upper arms. To avoid irritation of skin, do not use the same area of skin
- (3) To avoid tolerance, take the patch off for 8 to 12 hours out of every 24 hours (usually at night)
- (4) Keep Nitroderm TTS out of the reach of children.

4. Possible Side Effect

- (1) Tell your doctor if you notice any of the following, do not adjust the dosage or take painkillers by yourself: headache, light-headed, dry mouth or skin rash.
- (2) If you got persistent dizziness, fast heart beat or fainted, seek medical attention immediately.

5. What should I do if I forget to use Nitroderm TTS?

- (1) If it is almost time to apply your next patch, skip the one you missed and apply the next patch when you are meant to. Otherwise, apply the patch as soon as you remember, respecting any prescribed patch-off period and then go back to using it as you would normally.
- (2) Do not use a double dose to make up for the one that you missed.

6. How do I store this drug?

Store at room temperature. Do not use expired medicines.

* This leaflet does not contain all the available information.

Please consult your doctor or pharmacist if you have any questions.

Cheng Hsin General Hospital Medication Counseling Number

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