




## Dostinex Drug Information

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113.04 ENG 藥衛 061

Generic Name	Brand Name	Dosage Form	Appearance
Cabergoline	Dostinex	0.5 mg Tab	

### 1. Why do I need this medicine?

To inhibit postpartum lactation or treatment for hyperprolactinemia.

### 2. How is this drug best taken?

- (1) Take this drug with food.
- (2) For lactation inhibition after childbirth, take 2 tablets on the first day following delivery. To stop breastfeeding, take half a tablet every 12 hours for two consecutive days. To treat hyperprolactinemia, it is typically taken once or twice a week (e.g., every Monday or every Monday and Thursday).
- (3) Take this drug regularly as instructed by your doctor. Do not adjust the dosage or stop taking it without consulting your doctor.

### 3. What are some things I need to know or do while I take this drug?

- (1) Avoid getting pregnant or breastfeeding during the treatment. If you become pregnant, stop taking the drug immediately and contact your doctor.
- (2) Not recommended for women with pre-eclampsia or postpartum hypertension.
- (3) Be cautious when driving or operating machines as this drug may cause dizziness.
- (4) Regular gynecological check-ups are recommended for long-term use of this drug.

### 4. Possible side effects

Nausea, headache, low blood pressure, dizziness, insomnia, and abdominal pain.

### 5. What do I do if I miss a dose?

Take it as soon as you remember. If it is close to your next dose, consult your doctor before deciding whether to take a double dose.

## **6. How do I store this drug?**

Store sealed at room temperature. Avoid direct sunlight, heat, and moisture.

\*This leaflet cannot provide complete drug information.  
Please consult a doctor or pharmacist if you have any questions.

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