

Cheng Hsin General Hospital

Diane-35 Drug Information

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Generic Name	Brand Name	Dosage form	Appearance
Cyproterone 2mg, Ethinylestradiol 0.035mg	Diane-35	21 tablets / Box	常是安錠劑 Diane=35 21tab/Box

1. Why do I need this medicine?

- (1) Oral contraceptive pills for women
- (2) Treatment of women with severe acne, seborrhea and hirsutism.

2. How is this drug best taken?

Take 1 tablet daily beginning on day 1 of the menstrual cycle. Each cycle consists of 21 days on medication and a 7-day interval without medication (3 weeks on, 1 week off). The first pill in each box is taken on the same week.

3. What are some things I need to know or do while I take this drug?

- (1) This medicine needs to be taken regularly to achieve efficacy. Irregular drug taking may easily lead to bleeding during the menstrual cycle and reduce the contraceptive effect. The treatment cycle for acne (pimples), hirsutism and seborrhea is the same as contraception, following the menstrual cycle.
- (2) Take 1 tablet daily for 21 consecutive days beginning on day 1 of her menstrual cycle. The tablets are then discontinued for 7 days (1 week).
- (3) Take the first tablet from the blister pack out of the section marked with the corresponding day of the week. Take the tablet at the same time each day. Withdrawal bleeding should usually occur during the period off the tablets.
- (4) Begin taking tablets 7 days after discontinuation, regardless of whether or not withdrawal bleeding is still in progress.
- (5) Swallow it whole with some liquid.

4. Possible Side Effect

- (1) Nausea, abdominal pain, weight gain, headache, emotional disturbance, chest pain, breast pain. Exogenous estrogens may induce or exacerbate symptoms of angioedema, in particular in women with hereditary angioedema.
- (2) If you suffer from severe or persistent side effects during treatment, please tell your doctor.

5. What do I do if I miss a dose?

- (1) If you forget to take your tablet at the usual time, you must take it within the next 12 hours. If more than 12 hours have passed discard the missed tablet. Continue to take the remaining tablets in the pack at the usual time.
- (2) The more tablets you miss, the contraceptive effect may be reduced and the chance of pregnancy will be higher.
- (3) **Miss a pill during the first week:** Take the pill as soon as you remember (sometimes you may take two pills at the same time). Take the next pill at the normal time. However, another nonhormonal birth control method must be used, pregnancy is most likely to occur within these 7 days.
- (4) **Miss a pill during the second week:** Take the pill as soon as you remember (sometimes you may take two pills at the same time). Take the next pill at the normal time. Another nonhormonal birth control method is not necessary.
- (5) **Miss a pill during the third week:** You can choose any of the following methods without using additional contraceptive methods.
 - (a) Take the pill as soon as you remember (sometimes you may take two pills at the same time). And after using up the current pack, take the next pack immediately without 7 days intervals. Withdrawal bleeding may occur after the second pack. during the period off the tablets. Spotting or vaginal bleeding may occur during the treatment.
 - (b) Stop taking current pack and start using the next pack 7 days after stopping (including the day you forget to take your pill).
- (6) If vomiting occurs within 3 to 4 hours of taking the tablet, the active ingredients of the medicine have not been fully absorbed. At this time, it is like missing a pill, follow the recommendations above for missing pills.

6. How do I store this drug?

- (1) Do not take the medicine after its expiry date.
- (2) Store at room temperature and keep all drugs out of the reach of children.

*This leaflet cannot provide complete drug information. Please consult doctors or pharmacist if you have any questions.

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