




Colasa Enema Drug Information

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Generic Name	Brand Name	Dosage Form	Appearance
Mesalazine	Colasa	2gm/100ml Enema	

1. Why do I need this medicine?

This anti-inflammatory rectal enema is used to treat ulcerative colitis and mild to moderate proctitis.

2. How is this drug best taken?

- (1) Please use as directed by your doctor.
- (2) Typically, use once daily before bedtime after shaking well. Using the enema after defecation can lead to better results.
- (3) The Colasa enema kit includes a disposable plastic bottle and an applicator. Each bottle contains a single dose of the medication. Tear off the protective film using your hands or scissors.
- (4) Step-by-step instructions:
 - ① Before using the enema, place it in a container filled with warm water for about 10 minutes to bring the solution to body temperature.
 - ② Shake the enema well before insertion and hold the neck of the enema to prevent leakage.
 - ③ Remove the cap from the bottle and screw the applicator onto the bottle.
 - ④ Lie on your left side with your left leg straight and your right leg bent towards your chest for balance, or kneel on the bed with your upper chest and one forearm on the bed.
 - ⑤ Insert the applicator tip into your anus carefully, aiming slightly towards your navel, and push it in until it reaches the neck of the bottle. If you experience discomfort or irritation during insertion, consider lubricating the applicator with petroleum jelly or a similar lubricant before use.

- ⑥ Hold the bottle securely and slowly squeeze it to release the medication into the rectum (this process may take a few minutes).
- ⑦ Once the medication is fully released, remove the bottle and the applicator while still squeezing the bottle all the way down. Discard both the bottle and the applicator.
- ⑧ Maintain the position for at least 30 minutes after administering the enema to allow the medication to distribute throughout your intestines or until the urge to expel the enema subsides.
- ⑨ Try to keep the medication in your body for about 8 hours (while you sleep). Sleep in your usual position, and if possible, do not empty your bowel before the next morning.

3. What are some things I need to know or do while I take this drug?

- (1) If you are allergic to mesalamine, sulfasalazine, aspirin, or any other medications, please inform your doctor and pharmacist.
- (2) If you are pregnant or planning to become pregnant, please inform your doctor.
- (3) This medication may stain clothing. Please use a protective pad as appropriate.

4. Possible side effects

Diarrhea, nausea, abdominal pain, headache, vomiting, and skin rash.

5. What do I do if I miss a dose?

- (1) Take it as soon as you remember.
- (2) If it's close to your next dose, skip the missed one and continue with your regular schedule. Do not use 2 doses at the same time.

6. How do I store this drug?

Please store in a cool and dry place. Keep out of reach of children.

*This leaflet cannot provide complete drug information.
Please consult a doctor or pharmacist if you have any questions.

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