





## Everolimus (Certican) Drug Information

109.07.18 修訂  
113.04 ENG 藥衛 089

| Generic Name | Brand Name | Dosage form      | Appearance  |
|--------------|------------|------------------|---|
| Everolimus   | Certican   | 0.25mg<br>Tablet |  |
|              |            | 0.5mg<br>Tablet  |  |

### 1. Why do I need this medicine ?

Everolimus is an anti-rejection drug used with other medications to prevent rejection of organ transplant.

### 2. How is this drug best taken?

Take it twice a day, preferably 12 hours apart between doses. Take drugs at the same time of day.

### 3. What are some things I need to know or do while I take this drug?

- (1) This drug may affect how wounds heal. Do inform your doctor if you need to have any surgeries. Doctors will evaluate whether anti-rejection drugs need to be adjusted.
- (2) Swelling of hands, feet, or extremities may occur while you are taking this medicine. This is called edema. You can try the following methods to prevent edema, or to relieve it when it occurs: Elevate the affected area when sitting or lying down; walk more or be more active to help return fluids to your circulation; avoid standing for long periods of time; avoid crossing your legs when sitting. Doctors may prescribe diuretics, or recommend that you use elastic stockings and reduce salt in your diet.
- (3) Oral ulcers may occur while taking the medication, which may sometimes resolve on their own with continued use. You can reduce discomfort by doing the following methods: Be gentle when brushing and flossing; use salt water or antibacterial

mouthwash, but don't use alcohol-based mouthwash; use a straw to drink water or drinks to avoid liquids contacting with ulcer area; apply an appropriate amount of oral ointment to the affected area.

- (4) Take contraceptive measures. If you are pregnant or plan to become pregnant, tell your doctor immediately.
- (5) Tell your doctor if you develop lumps or moles anywhere on your body, or changes in an existing mole.
- (6) Use sunscreen and wear clothing and eyewear that protects you from the sun.
- (7) Do not eat grapefruit or drink grapefruit juice while taking this drug.

#### **4. Possible Side Effect**

Common side effects include nausea, wound healing impairment, edema, hyperlipidemia, proteinuria, oral ulcers, fatigue, etc.

#### **5. What do I do if I miss a dose?**

- (1) Take a missed dose as soon as you think about it. If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- (2) Do not take double doses at the same time or extra doses.

#### **6. How do I store this drug?**

- (1) Store in a ventilated, cool, dry place. Keep it from heat or moisture. (Do not store in a bathroom or kitchen.)
- (2) Keep out of the reach of children.

\*This leaflet cannot provide complete drug information.  
Please consult doctors or pharmacist if you have any questions.

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