





Diuretics Drug Information

109.07.18 中文修訂
112.12 ENG 藥衛 072

| Generic Name | Brand Name | Dosage form | Appearance |
|---------------------------------------|---------------|-------------------|------------|
| Acetazolamide | Acetazolamide | 250 mg Tablet | |
| Spiroinolactone | Aldactin | 25 mg Tablet | |
| Hydrochlorothiazide/ Amiloride HCl | Amizide | 50/5 mg Tablet | |
| Bumetanide | Busix | 1 mg Tablet | |
| Trichlormethiazide | Fluitran | 2 mg Tablet | |
| Eplerenone | Inspra | 50 mg Tablet | |
| Metolazone | Mycros | 0.5 mg Tablet | |
| Indapamide Hemihydrate | Natrilix SR | 1.5 mg Tablet | |

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|------------|---------|-----------------|---|
| Furosemide | Rasitol | 40 mg Tablet |  |
| Torsemide | Torsix | 5 mg Tablet |  |

1. Why do I need this medicine ?

Treatment for hypertension or edema

2. How is this drug best taken?

- (1) Take medicine as doctor prescribed.
- (2) If your doctor does not have specific instructions, take medicine during the day to avoid frequent urination at night.

3. What are some things I need to know or do while I take this drug?

- (1) Simultaneous lifestyle modification (exercise, sodium restriction, weight loss, smoking cessation, and regular daily routines) and antihypertensive medication are effective method for blood pressure control.
- (2) Monitor electrolytes
 - Potassium-sparing diuretics (Aldactin[®], Amizide[®] and Inspra[®]) may lead to hyperkalemia. Ask your doctor if you are available for low-sodium salts or potassium-rich foods.
 - Diuretics (except Potassium-sparing diuretics) may lead to hypokalemia. Ask your doctor if you are available for potassium supplement from food (e.g., banana, orange, cantaloupe, chicken essence, meat soup, vegetable soup...)
- (3) Be aware of significant change in urine output. Measure weight before breakfast and take records daily.
- (4) If you are under following health conditions: gout, diabetes, systemic lupus erythematosus, liver disease, kidney disease, ready for pregnancy, breast-feeding, eating disorders, or severe diarrhea, be sure to inform your doctor first.
- (5) Some people may get orthostatic hypotension after medication. Get up slowly from a sitting or lying position to avoid falling down.
- (6) Aldactin[®] may lead to gynecomastia. You may feel breast pain or discomfort, be sure

to inform your doctor. Side effects will disappear gradually after ceasing the medication

(7) Natrilix[®] contains lactose. If you have galactose intolerance, glucose-galactose malabsorption, or lactase deficiency, it is not suitable for you.

- For athletes: It may give a positive reaction in doping tests.

4. What do I do if I miss a dose?

(1) Take the medication as soon as you remember.

(2) If it is already close to the time for next dose, please skip this one dose, and take the next dose of medication on time. Do not take double dosing in a single medication intake.

*This leaflet cannot provide complete drug information.
Please consult doctors or pharmacist if you have any questions.

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