






90.07.01 製定  
92.07.01 第一次修訂  
95.07.01 第二次修訂  
98.05.07 第三次修訂  
99.10.28 第四次修訂  
102.04.11 第五次修訂  
105.11.01 第六次修訂

# Warfarin

## Medication Information

Generic Name	Brand Name	Dosage form	Appearance
Warfarin	Cofarin	1mg Tablets	
	Uwarin	2.5mg Tablets	
		5mg Tablets	

### 1. Why do I need this medicine?

Warfarin is an anticoagulant (blood thinner) that decreases the clotting ability of the blood. It is used to prevent or treat blood clots, including deep venous thrombosis or pulmonary embolism. It is also used for blood clots that may be caused by certain heart conditions, like open-heart surgery or heart valve related surgery.

### 2. How should this medicine be used?

Your dose may need to be changed several times based on the blood test results, in order to find out what works best for you. Do not use more of it, do not use it more often, and do not use it for a longer time than your doctor ordered.

### 3. What information should I know about this medicine?

Blood tests, such as an INR, are needed to check for proper dosage and unwanted side effect. Be sure to keep all appointments. Make sure any doctor or dentist who treats you knows that you are using this medicine. You may need to stop using this medicine several days before having surgery or medical tests.



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#### **4. Possible Side Effects**

This medicine may increase your chance of bleeding. Check with your doctor right away if you notice any unusual bleeding or bruising, black, tarry stools, blood in the urine or stools, or pinpoint red spots on your skin.

#### **5. What foods should I avoid?**

Vitamin K can make warfarin less effective. So, it's important to get about the same amount of vitamin K every day. To keep vitamin K intake consistent, avoid changing the amounts of vitamin K-rich foods or drinks you have from day to day or week to week. Vitamin K-rich foods include : kale, spinach, brussels sprouts, broccoli, asparagus.

Certain drinks when taking warfarin might lead to bleeding problems. Avoid or drink only small amounts of these when taking warfarin: cranberry juice, grapefruit juice.

#### **6. Other Medication Precautions**

- Do not take other medicines unless they have been discussed with your doctor. This includes prescription medicines, nonprescription (over-the-counter [OTC]) medicines, and herbal or vitamin supplements.
- Be careful when using a regular toothbrush, dental floss, or toothpick. Not to cut yourself when you are using sharp objects, such as a safety razor or fingernail or toenail cutters.
- Check with your medical doctor before having any dental work or scheduling surgery.
- Avoid contact sports or other situations where bruising or injury could occur.
- Using this medicine while you are pregnant can harm your unborn baby. Use an effective form of birth control to keep from getting pregnant during treatment.



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## **7. Storage and Stability**

- Store the medicine in a closed container at room temperature, away from heat, moisture, and direct light.
- Keep from freezing.
- Keep out of the reach of children.

## **8. What to do if you forget to take your medicine**

- If you find that you have forgotten to take the medicine, please take it immediately, but if you think about it the next day, you only need to take the dose instructed by the doctor on the day, please do not take double dose, because it is easy to cause bleeding.
- If you forget to take the medicine for two or more days, please contact us immediately.

※Please consult your doctor or pharmacist if you have any questions.

Cheng Hsin General Hospital Medication Counseling Number

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