






Precautions for Patients Under General Anesthesia on the Day of Surgery

<p>Nothing Per Os</p>	 禁止飲食	<p>At least 6-8 hours of fasting before surgery.</p>	<p>Food and drink intake can lead to aspiration pneumonia during surgery.</p>
<p>No dentures</p>		<p>Please remove all removable dentures.</p>	<p>Wearing removable dentures during surgery may cause them to dislodge and fall into the trachea or esophagus.</p>
<p>No contact lenses</p>		<p>Please remove by yourself before surgery, including pupil dilation drops.</p>	<p>Wearing contact lenses may interfere with healthcare professionals' ability to observe pupil response and perform eye surgery during the procedure.</p>
<p>No metal items</p>		<p>Please remove by yourself, the hospital is not responsible for keeping.</p>	<p>Wearing metal objects during surgery can increase the risk of skin burns when using electrosurgical instruments during the procedure.</p>

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<p>No nail polish (including light-cured polish)</p>		<p>Please remove nail polish and gel polish on at least the thumbs and big toes of both hands and feet before surgery.</p>	<p>Applying nail polish or gel manicures may interfere with blood oxygen monitoring and can also prevent healthcare professionals from observing the nail bed's blood circulation during the procedure.</p>
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1. Medication precautions:

- 1.1 Do not take any blood glucose-lowering agents, anticoagulants (such as aspirin, Plavix, etc.), ginkgo, fish oil, vitamin E, or other supplements that may affect anticoagulation on the day of surgery. Discuss with your doctor how long you should stop taking these medications before surgery.
- 1.2 For other medications such as blood pressure, lipid-lowering, cardiovascular, or thyroid medications, discuss with your doctor whether you should continue taking them before surgery.
- 1.3 If you have asthma or regularly use bronchodilators, use one dose in the morning of surgery and bring your bronchodilator medication with you.

2. Other precautions:

- 2.1 If you are pregnant, have blood disorders, hepatitis, infectious diseases, please inform the nursing staff in advance.
- 2.2 Do not drive or ride a motorcycle on your own on the day of surgery. You will need a family member or friend to accompany you.
- 2.3 If you have any questions before the surgery, please raise them with the nursing staff or doctor so that they can serve you as soon as possible.